

Notre Dame Regional High School

Peer Helpers

Peer helpers are students who, with adult supervision, assist other students at Notre Dame in adjusting to the school, encourage positive study habits, promote a feeling of belonging, and encourage school spirit and an atmosphere of respect. Peer Helpers are trained to focus on the role of the peer helpers, including developing attending skills, listening skills, and the importance of confidentiality.

Because of the leadership role these students maintain, it is also imperative that these students make a commitment to a “substance-free” lifestyle, defined as no possession of or use of any tobacco products, alcohol, or any illegal drugs at any time. Any use or abuse of these substances will result in suspension from the peer helpers program and a conference with the student, parents, and peer helper supervisor(s). It will also result in action taken in accordance with the policy outlined in the Student Handbook. In addition, we reserve the right to terminate participation of any peer helper at any time if we believe his or her behavior is inappropriate.

The peer helpers will be working with the freshmen groups once a week for about the first 5 – 6 weeks of school. This will be done during freshmen Civics classes. We will work with peer helpers to schedule times that work best for them, but they *will* miss one class a week and will need to talk to their teachers *prior to missing the class* concerning the work they will miss.

Peer Helpers must have a desire to help other, respect others, and keep confidences. They must also be responsible, dependable, and trustworthy. They are leaders and examples to others.

Peer Helpers will meet every Wednesday morning at 7:30 am for the first 5-6 weeks of activities. These are mandatory meetings. If a Peer Helper should miss a meeting without having discussed the absence with Mrs. Garner or Mrs. Meadows PRIOR to missing, he/she will not be allowed to participate in that week’s activity. Further unexcused absences will result in dismissal from Peer Helpers. Absence due to illness, SEMO class, or a legitimate emergency is excused.

If you have any questions concerning this program, please feel free to call either of us at 573-335-6772 or email at LindaMeadows@notredamehighschool.org or MegGarner@notredamehighschool.org.

Mrs. Linda Meadows, MA
Mrs. Meg Garner, MA, NCC, LPC