

Freshman High School Action Plan

- **It's never too early to start thinking about college.**
 - You can **research on the internet**. Look for programs and schools in which you might be interested. You do not have to make any major decisions right now. Just “browse” for now.
 - You should make **sure you are taking the most challenging courses available**. This will ensure college acceptance as well as preparing you for the rigors of college courses.

- **Enhance your study skills.**
 - **Regularly review your notes** and coursework for each class. Underline or highlight important dates, words, concepts, etc. Make flashcards or vocab lists if necessary.
 - **Manage your time**: do your most difficult/least enjoyable class homework first. You have more energy at the beginning and will be more focused. Save your easier/more enjoyable work for later when you're more likely to be tired and less focused.
 - **Have a regular study area**. Use a desk—not your bed! (Your body wants to sleep when you're in bed, not study!) Make sure you have adequate lighting, supplies, and room to spread your books and papers out.
 - **Use your planner!** This will help you stay organized and make your work time more efficient.

- **Don't forget you can talk to your counselor at any time about questions or concerns.**
 - Call, email, or stop by.